

Reservations are open for District 5190's Rotary Eighth Grade Leadership Program (REGL) 2026!

Please fill out the Reservation Form provided below. Space will be allocated on a first come/first paid and *eligible** basis. We have capacity for 19 middle schools during REGL I, and for 19 middle schools during REGL II. **Cost is \$2000 for five students per school. We will accept Reservation Forms until we are full.** Both residential camps are open to **all** District 5190 Rotary Clubs and their sponsored schools.

How to Participate in 2026 REGL Camps

- Send in your payment and filled out reservation form (see below) to:
REGL Registrar, PO Box 20672, Reno, NV 89515-0672
- In 2026 we are offering two sessions at Grizzly Creek Ranch in Portola, CA, just north of Reno, NV:
 - September 11 – 13, 2026 (REGL I)
 - September 18 – 20, 2026 (REGL II)
- REGL I and II – Each three-day weekend residential camp at Grizzly Creek Ranch will begin at noon on Friday and conclude with graduation on Sunday starting at 3 pm and ending around 4:30 pm.
- Two clubs can jointly sponsor one school.
- We continue to need Adult Mentor volunteers (Rotarians & non-Rotarians) from each Rotary Club sponsoring a school.
- Parents and school representatives are encouraged to attend graduation to see how their children/students have grown.

* - Rotary Clubs that have provided an adult mentor volunteer in the last 3 years are eligible. However, the following Rotary Clubs – [please send an adult mentor to REGL camp in 2026 to be eligible](#)- Chester, Susanville Sunrise, Loyaltan, Portola, Quincy, Tahoe City, Nevada City 49er, Auburn, Pollock Pines, Reno, Reno South, Reno Central, Tahoe Douglas, Yerington, Winnemucca.

What is REGL? REGL is a professionally delivered three (3) day intensive leadership training session conducted by Rotary District 5190. Eighth (8th) grade students who have demonstrated leadership skills are

provided high quality leadership training with a strong emphasis on ethics. Our aim is to provide these selected students with tools for the difficult choices they face moving into high school and beyond.

The three main objectives of the REGL program are:

- (1) provide the selected eighth grade students with the skills they will need in leadership positions starting now, in high school and beyond;
- (2) inspire the nucleus of a leadership group within their present school to be a focus point for the remainder of the 8th grade school year; and
- (3) help them succeed in high school and in life.

The REGL program is delivered by **Dean and Rochelle Whellams**, who are also the program directors for the RYLA (Rotary Youth Leadership Awakening) program. REGL is conducted under the supervision of Rotary District 5190.

Rotary Club Coordinators and School Principals

Rotary Clubs play an integral part in the program by sponsoring middle schools and assign one or more of their Rotary club members as **REGL coordinators**. These coordinators work closely with the school principals and with the REGL Operations Committee throughout the year. The Clubs therefore must develop a good, highly communicative relationship with the middle school and provide support for the students in their continued growth as ethical leaders. **All REGL Coordinators will be invited to participate in a scheduled Online (Zoom or Go To) Meeting for training and information.**

RYLA graduates from 2026 to participate as Counselors, small group facilitators and role models for the program. The RYLA grad will work with the Program Directors, Adult Mentors, and staff to support the camp program.

School Principals are asked to choose five student participants, as well as one girl and one boy alternate, based on demonstrated leadership traits. In this way we hope to capitalize on those natural leadership abilities to produce positive leadership. **The BEST time to select and register students is before the end of the school year (by May 2026). This means selecting 7th graders before they enter 8th grade in August/September 2026. Selecting and registering a girl alternate and a boy alternate is also a smart move for everyone! Should a student have to drop out, an alternate would be available for that spot.**

Communication for More Information

We hope your Club (or a combination of Clubs) will sponsor a middle school in your community with five students participating from each school. If this program is new to you and you want more information, or you have questions about the changes in 2026, please contact:

- Karen Shimamoto at (530) 640-0649; shimakaren@gmail.com – REGL Camp Registrar
- Paula Dolliver at (775) 741-6523; pdolliver58@gmail.com – REGL Camp Director

We look forward to hearing from you! You can also send email to: rotaryegl@gmail.com. You can also check out the website: www.RotaryEGL.com

Yours in Rotary,

Karen and Paula - REGL Camp Registrar and Director – Rotary District 5190

2026 RESERVATION FORM

District 5190 Rotary Eighth Grade Leadership (REGL)

Space will be allocated on a first come/first paid and eligible* basis. Payment receipt date determines the Club’s place in line for participation. We have capacity for 19 middle schools during REGL I, and for 19 middle schools during REGL II. We would appreciate Reservation Forms before March 30, 2026.

PLEASE PRINT CLEARLY

- Rotary Club of _____
- REGL Coordinator Name(s) _____
- Email _____
- Cell Phone _____
- Home or Business Phone _____
- Rotary Club Adult Mentor
 Volunteer Name * _____
 - Contact Information _____
 - Rotarian ? ___ YES ___ NO
- School Name _____
- Principal’s Name _____
- Principal’s Email _____
- School phone _____

If provided by the school, an alternate school contact, with name, email, & phone number

Preferred Session

- REGL I September 11 – 13, 2026
- REGL II September 18 – 20, 2026
- If your preferred session is not available, will you participate in the alternate session?

You may send the above information via email to **Karen Shimamoto, shimakaren@gmail.com**, or enclose the reservation form with your check. Please include a check for \$2000 made payable to District 5190 REGL and mail to: **REGL Registrar, PO Box 20672, Reno, NV 89515-0672**

Thank you! Questions? Contact -
 Karen Shimamoto; shimakaren@gmail.com 530-640-0649

The following Rotary Clubs – please send an adult mentor to REGL camp in 2026! Chester, Susanville Sunrise, Loyalton, Portola, Quincy, Tahoe City, Nevada City 49er, Auburn, Pollock Pines, Reno, Reno South, Reno Central, Tahoe Douglas, Yerington, Winnemucca